

UNITED DOCTORS FRONT HANDBOOK 2025



Empowering Healthcare Together
UDF

**UDF
HANDBOOK
2025-26**



United Doctors Front

INDEX

Table of Content

04

Introduction

05

Message from Patron

06

Message from National
President

07

Message from General
Secretary

08

Message of National Legal
Advisor

09

UDF Council
Reflections

10

About UDF

11

Agenda and Activities

12

Initiatives Taken

25

Future Prospects

26

Conclusion

27

Organizational Structure

INTRODUCTION

समानी व आकृति: समाना हृदयानि वि: ।
समानमस्तु वो मनो यथा वि: सुसहासति ॥

(United be your purpose, harmonious be your feelings, collected be your mind, in the same way as all the aspects of this universe exist in togetherness)

The healthcare system's heart is patient care. You might be a patient yourself, or know someone who is.

Being a doctor means being a change-maker in society by initiating preventive, promotive, and rehabilitation measures is something that doctors find extremely fulfilling. The plague of Justinian, Sixth cholera, SARS, Swine flu, COVID-19, and Monkeypox are some of the examples where healthcare professionals were proven to be the cornerstone of society.

Though the health care worker's discomfort is no longer hidden but jeopardizing the life of a patient is never a healthcare worker's aim. Every time a doctor loses a patient, one loses a part of him/herself. Losing any of the saviors to an unnatural cause is a surprise to many. Thus, the healthcare workforce had no choice but to stand up and empower the voiceless.

At UDF our ambitious vision is to safeguard the interests of the medical community while striving for transformative reforms that benefit both healthcare workers and the public.

Here's a breakdown of what we believe at UDF:- UDF PIVOTS ON THE HEALTHCARE SYSTEM, SOCIAL WELLNESS, AND HUMAN RIGHTS.

At UDF we believe in recreational activities like conducting research and supporting medical education, engaging, addressing, and providing legal assistance. The process also involves community outreach, providing aid and scholarships, acknowledging achievements in the medical field, as well as disseminating information.

The specific areas of focus are building a health care system that is unifying, fostering, and empowering, while also promoting social welfare and supporting marginalized communities.

Together, we will continue to advocate for meaningful changes in the healthcare system. Thus, we are united in this complex healthcare workforce to bring evidence-based understanding and an interdisciplinary approach towards a better tomorrow.

MESSAGE FROM PATRON

Dear Colleagues and Members of the UDF Family,

It is with immense pride and privilege that I extend my heartfelt greetings to each of you as we present this UDF Handbook—a symbol of our collective dedication to fostering excellence, collaboration, and growth in our academic and professional journeys.

As the former National Chairman and now Chief Patron of UDF, I have witnessed the transformative power of unity and perseverance within our fraternity. UDF has always stood as a beacon for nurturing innovation, strengthening bonds, and promoting the highest standards in education, research, and practice.

In my current roles as Secretary General of Faculty Association of AIIMS, Joint Secretary of ISVIR Delhi NCR State Chapter, and Executive Council Member of National ISVIR and IRIA, I have learned that the true strength of any organization lies in its ability to inspire, empower, and support its members. My journey through these roles, combined with my academic pursuit in Cardiovascular Radiology and Endovascular Interventions at AIIMS, has reinforced my belief in the value of shared knowledge and mutual growth.

I urge all members of UDF to embrace this platform with passion and purpose. Let us use this handbook not only as a guide but as a reminder of the immense potential we hold when we come together as a community committed to excellence.

May this handbook inspire you to reach new heights, uphold the values of integrity and professionalism, and contribute meaningfully to the betterment of healthcare, education, and beyond.

Wishing you all continued success and fulfillment in your endeavors.

Warm regards,
Dr Amarinder Singh Malhi
Chief Patron, UDF
Secretary General, Faculty Association of AIIMS
Joint Secretary, ISVIR Delhi NCR State Chapter
Executive Council Member, National ISVIR and IRIA Delhi State Chapter
Assistant Professor, Department of Radiodiagnosis and Interventional Radiology,
AIIMS New Delhi



MESSAGE FROM NATIONAL PRESIDENT

Dear Members,

As the National President of the United Doctors Front (UDF), it fills me with immense pride to reflect on the journey of our national-level organization and the incredible work we have accomplished together. Representing the collective voice of thousands of medical students, resident doctors, and senior doctors, UDF stands as a strong and united voice advocating for the rights, well-being, and growth of the medical fraternity. Our core mission has always been to stand by medical students and resident doctors, addressing their challenges and paving the way for a brighter future.



Some of our key initiatives include:

1. **Advocating for a violence-free healthcare profession**, ensuring a safe and respectful environment for all healthcare workers.
2. **Championing bond-free medical education**, making medical education more accessible and equitable across the nation.
3. **Conducting NEET UG/PG counselling sessions.**
4. **Providing ground-level support for issues faced by students and resident doctors**, such as mental health related issues, long duty hours and unjust working conditions.

UDF has also been at the forefront of advocating for justice and transparency. Through impactful initiatives like filing RTIs, intervention applications (IAs), and writ petitions, alongside the support of a strong legal team, we continue to fight for the rights of doctors and patients alike.

Furthermore, UDF has staged numerous protests in the interest of the medical fraternity, tirelessly fighting for justice and addressing systemic issues. These protests reflect our unyielding commitment to advocating for the betterment of healthcare professionals and the communities they serve.

In addition to advocacy, we strive to complement academic growth with public service by organizing seminars, webinars, and mental health sessions for students and residents, as well as impactful campaigns like the "Tobacco-Free Bharat" initiative and blood donation awareness camps, advancing health & nutrition. These efforts underscore our dedication to both academic and societal responsibilities.

The UDF's relentless pursuit of excellence and justice has already made a significant impact in improving the healthcare ecosystem. Together, we shall continue to drive meaningful change and work tirelessly for the betterment of the medical community.

Yours sincerely,
Dr. Lakshya Mittal
National President
United Doctors Front (UDF)

MESSAGE FROM GENERAL SECRETARY

Dear Colleagues,

It is with immense pride and excitement that I welcome you to the United Doctors Front (UDF). Whether you are just beginning your journey or bringing years of experience, your presence here symbolizes our shared commitment to creating a healthcare system that is just, safe, and empowering for all. Together, we stand as a unified force for change.



At UDF, we are not just a network - we are a movement dedicated to addressing the challenges that threaten our profession and well-being. From tackling workplace violence to fighting against the Bonded Health Education Policy, our mission is clear: to build a healthcare environment that upholds the dignity, safety, and advancement of every healthcare professional.

To All Doctors and Healthcare Leaders:

Whether you are early in your career or a seasoned professional, your voice and your contributions are vital. Young doctors bring the passion, creativity, and drive to challenge outdated systems and push for innovative solutions, while experienced consultants provide the leadership, guidance, and expertise that will help us ensure these changes are sustainable and impactful. Together, we form an unbreakable force, shaping the future of healthcare with every action we take.

This movement is a collective effort, and as National General Secretary, I pledge to work tirelessly alongside all of you to create a future where healthcare professionals are respected, supported, and empowered to deliver the best care to patients.

Welcome to the United Doctors Front -where every voice matters, every action counts,and together, we will shape a stronger, safer, and more just healthcare system.

In solidarity,
Dr. Arun Kumar
National General Secretary
United Doctors Front

MESSAGE FROM NATIONAL LEGAL ADVISOR

India's healthcare and medical education systems are grappling with numerous challenges, indicating a policy paralysis in the health sector. The recent leaks of NEET UG papers, delays in the NEET PG course, exploitation by private medical colleges, poorly paid stipend, hectic duty hours, non availability of basic facilities at workplace and violence against healthcare professionals are alarming concerns.



The situation is further exacerbated by the rising number of medical student suicides, with over 150 cases reported in the last six years. A survey by the National Medical Commission (NMC) reveals that thousands of students are struggling with mental health issues. These problems extend beyond the medical fraternity, posing a significant challenge to society as a whole. It is essential that we address these issues collectively.

The healthcare and medical education system in our country is indeed in need of improvement. While it's heartening to see the number of seats in government and medical colleges increasing, we must ensure that quality and checks are in place to prevent exploitation ¹.

The alarming rate of suicides among medical students is a pressing concern that needs to be addressed. Moreover, the exploitation by some private colleges through exorbitant fees, fake patient entries, non-payment of stipends, and lack of basic facilities is unacceptable.

The bond policy is another issue that's causing hurdles for students in their higher studies. It's commendable that UDF is raising these concerns and advocating for policy changes. It's time for policymakers to take notice of these concerns and work towards creating a better healthcare and medical education system for all.

The United Doctors Front (UDF) provides a valuable platform for raising these concerns. I urge parents of medical students, health activists, RTI activists, and journalists to support UDF in its endeavors to improve healthcare and medical education in India. As a non-medico and Legal Adviser to UDF, I am honored to be part of this initiative. I firmly believe that collective efforts can bring about positive change in the healthcare and medical education sectors. I extend my best wishes to the UDF team.

Vishnu Rajgadga
National Legal Advisor
United Doctors Front

UDF COUNCIL REFLECTIONS

National Joint Secretary of United Doctors Front

Dear Esteemed Members,

In my role as the National Joint Secretary, my commitment is to continue fostering an environment where all our members feel supported, heard, and empowered. It is through collaboration that we will overcome challenges, advocate for necessary reforms, and create a sustainable future for healthcare professionals and the patients we care for.

Our strength lies in the collective knowledge, experience, and passion that each member brings to the association. Let us continue to work together, not just for our personal and professional growth, but for the betterment of society as a whole.

Thank you for your ongoing dedication and support. Together, we can achieve great things.

Sincerely,
Dr. Mir Waseem
National Joint Secretary, UDF Bharat

National Spokesperson of United Doctors Front

In my short life, there are many experiences that could qualify as life-changing. But, the most transformative experience was joining UDF. I've always felt I excel in skill of effective communication, with platform such as UDF my skills are being tested and improvised. I'm committed to refining my skills in managing my professional responsibilities.

Dr. Yagika Pareek
National Spokesperson, UDF Bharat

National Intern Secretary of United Doctors Front

Serving as the National Intern Secretary at the United Doctors Front (UDF) has been a transformative experience. This position has provided me with a unique platform to represent and advocate for the concerns of medical interns across the country, ensuring their voices are heard and their issues addressed effectively.

Dr. Bharat Rathore
National Intern secretary, UDF Bharat

ABOUT UDF

OUR PHILOSOPHY

A Nexus of Dynamic & Experienced Doctors for the revolutionary change in the medical fraternity with aim and vision along with favour of Youth Doctors under supervision of dynamic senior doctors.

OUR VISION

Our aim is to prepare and support doctors for leadership roles. Our aim is not to highlight the problems but to provide practical solutions.

We have to improve our understanding of system and mark our presence in the system through constructive contribution. There are so many platforms raising so many voices but they are not that effective because mere listing the problem and creating a loud noise is not enough.

Together, Let's Shape the Future of Healthcare.
Empowering Leaders, Transforming Systems, and Driving Positive Change



1. **To promote, establish, support, organize, maintain or grant aid** to institutions for research, promotion and advocacy for the purpose of development and wellbeing of the society and promotion of rights as per the constitution of India for the benefit of the public in general.
2. **To promote fields** of art and culture, commerce, science, research, education, environment, health, energy, technology, sports, charity, social welfare, religion, environment protection, social welfare for the benefit of the public in general.
3. **To unite and empower the medical community**, promoting quality healthcare, protecting professionals' rights, and to perform works of charity for the benefit of medical practitioners and benefiting the public at large.
4. **To organize healthcare providers including doctors, medical students** etc. to foster collaboration and solidarity and to provide a platform for collective voice and representation as well as to promote mutual support and camaraderie among medical professionals.
5. **To Conduct seminars, workshops conferences** etc. on healthcare and health education issues as well to support research and development in medical sciences, facilitate knowledge sharing and best practices.
6. **To confer awards, fellowships and felicitations for outstanding contributions** and to recognize achievements in medical research, education and service as well providing scholarships, grants, aid etc.
7. **To establish a database of incidents and legal issues** affecting healthcare professionals and to conduct research on healthcare-related concerns and policy impact.
8. **Engaging in advocacy and policy interventions.** To address concerns and issues affecting healthcare professionals, to engage with government authorities, legal bodies and judiciary etc., and to provide legal assistance and support to healthcare professionals.
9. **To promote health education and awareness among the public**, to support community health initiatives and public health programs as well to collaborate with organizations sharing similar goals.
10. **To publishing reports, journals and newsletters**, use of various forms of mass media and social media and maintaining a website for benefit of public at large.
11. **To establish, develop, run, maintain and grant aid in cash or in kind to any educational or vocational training institution** or any hospital, nursing home or medical related institutions or women, child center or old age home, dharmshala, yoga and health centers or to grant relief and assistance to people in need.
12. **Monitoring and implementation of schemes of any government or any other agency**, implementation of corporate social responsibility related programs for benefit and use of the general public.

INITIATIVES TAKEN

The United Doctors Front (UDF) stands as a unified voice advocating for the rights, welfare, and dignity of medical professionals across India. With unwavering commitment, we have undertaken several impactful initiatives to address systemic challenges, ensure justice, and foster an environment of safety and accountability in healthcare.

1. Objection on findings of National Task Force



The United Doctors Front (UDF) had raised objections to the findings of the National Task Force (NTF) on medical professionals' safety, arguing that the recommendations are insufficient. UDF had urged the Supreme Court to establish a Central Protection Act for doctors, emphasizing the need for a robust legal framework to prevent violence and ensure safer working conditions.

2. Intervention in Raipur Ragging



The United Doctors Front (UDF) had expressed deep concern over the alleged night-long ragging incident at AIIMS Raipur, calling the hospital management's outright denial unacceptable. They stressed the need for strict anti-ragging measures, confidential reporting systems, and proper investigations to ensure a safe and supportive environment for all medical students.

3. Letter on Protocol for VIP Visits



The United Doctors Front (UDF) had urged Union Health Minister Jagat Prakash Nadda to establish protocols for VIP visits during hospital emergencies. Citing disruptions to patient care and medical services, UDF recommended scheduling visits after initial emergency responses, limiting them to 30 minutes, and minimizing entourages. They stressed the need for unobstructed emergency routes and efficient coordination to ensure patient care remains a top priority.

4. Objection on visit of MP Rajeev Rai in Mau Dist Hospital in UP



United Doctors Front (UDF) had strongly condemned the alleged misconduct by Samajwadi Party MP Rajeev Rai during his visit to Mau District Hospital, which disrupted operations and compromised patient care. UDF called for strict protocols to govern political visits to healthcare facilities, ensuring no interference with medical duties, and stands in solidarity with healthcare professionals, urging immediate action to uphold hospital integrity.

5. Objection on notice by MLA in Kashmir



Dr. Lakshay Mittal wrote to the Lieutenant Governor of Jammu and Kashmir, raising concerns over the suspension of PHC inspections and the withholding of salaries for medical officers. He urged immediate action to restore inspections, ensure timely salary payments, and prevent future disruptions, stressing the importance of supporting healthcare professionals and maintaining healthcare standards.

6. Protest of violence on health care professionals



United Doctors Front (UDF) responded swiftly to increasing violence against healthcare professionals, citing an attack on a resident doctor in Rajasthan during Duty Roster Posting (DRP). In response to such violence, UDF took immediate measures at the ground level to ensure the safety of healthcare workers. They organized protests, raised awareness, and engaged with local authorities to demand stricter security protocols in hospitals and healthcare facilities. UDF called for robust action against perpetrators of violence and for stronger legal protections for medical professionals to safeguard their dignity and well-being.

7. Chitradurga District Hospital, Karnataka



New Delhi: Taking cognizance of the complaints filed by a doctors' body regarding the troubles faced by the DNB trainees at Chitradurga District Hospital, the National Human Rights Commission (NHRC) has directed the District Magistrate to take immediate action in this regard.

Writing to the District Magistrate, Chitradurga, Karnataka, the Assistant Registrar of NHRC, Gaurav Kumar mentioned, "The complaints received dated 30/08/2024, received from **LAKSHYA MITTAL** in respect of **DNB TRAINEES AT CHITRADURGA DISTRICT HOSPITAL**, were placed before the Commission on 28/08/2024. Upon perusing the same, the Commission directed as follows:

This complaint be transmitted to the concerned authority for such action as deemed appropriate. The authority concerned is directed to take appropriate action within 8 weeks concluding the complaint/within and to inform the date of the action taken in the matter. The case is closed."

Therefore, the District Magistrate of Chitradurga will have to inform the complainant - the President of the United Doctors Front Association (UDFA), Dr. Lakshya Mittal, about the appropriate action taken in this regard within 8 weeks.

In response to harassment claims by DNB residents at Chitradurga District Hospital, Karnataka, the United Doctors Front (UDF) filed a complaint with the National Human Rights Commission (NHRC). The residents reported overwork, threats of stipend withholding, and being coerced into roles outside their curriculum. The NHRC directed the District Magistrate to take action within eight weeks. UDF also filed RTI applications to the National Medical Commission and Karnataka Government for transparency on staffing and treatment of medical trainees, highlighting their commitment to protecting healthcare professionals' rights.

8. The delay in NEET PG 2024, a mounting pressure on doctors and aspirants.



The NEET PG 2024 examination sparked widespread frustration due to repeated delays, inconsistent decisions, and a lack of transparency from the National Board of Examinations (NBE). Aspirants and petitioners emphasized the need for transparency and a Standard Operating Procedure (SOP) to prevent recurring issues. Concerns over discrepancies in scores, wasted time, and uncertain futures have left students questioning whether their dedication is truly valued. The United Doctors Front (UDF) has actively represented medical students, raised questions about the delays, issued public statements, and supported student protests to advocate for timely exam conduct. The controversy highlights the urgent need for structural reforms to restore faith in the examination process and ensure transparency, accountability, and respect for healthcare professionals.

9. The leak of NEET UG 2024, an inadequacy of the medical education system.



The NEET-UG 2024, a key exam for medical aspirants, faced controversies over question paper leaks, integrity breaches, and 'grace marks,' leading to legal battles in the Supreme Court. The CBI had traced the leak using a partially burned question paper.

Chief Justice DY Chandrachud had noted that rescheduling would have affected over 24 lakh students. In response, the government had enacted the Public Examinations (Prevention of Unfair Means) Act, 2024, enforcing strict penalties for malpractice. UDF had advocated for transparent investigations, accountability, and improved exam security to restore trust in the system.

10. The policy of service and education bonds for upcoming doctors should be abolished.



MBBS graduates must fulfill service obligations as per State Government policies set by the Health and Education Department. NEET UG counseling students should be informed about bond terms and amounts before admission.

Key Bond Policies being

- (1) Fixed Deposit Bond: A set amount is frozen as a bank guarantee, forfeited if service obligations aren't met post-MBBS.
- (2) Compulsory Rural Service Bond: Some states mandate service in Primary Health Centers (PHCs), especially for students receiving scholarships or fee reimbursements.

UDF played a crucial role in raising awareness about bond policies among aspiring medical students, ensuring transparency during NEET UG counseling, and advocating for a standardized national policy for service obligations.]

11. An outrage over THE RAJASTHAN HONOUR OF DEAD BODY BILL, 2023



The Rajasthan Honour of Dead Body Act, 2023, criminalizes the use of dead bodies in protests, protecting the dignity of the deceased and data related to unclaimed bodies. UDF in Rajasthan played a key role in the Act's implementation by initiating and supporting the legislation. As the ruling party, they contributed to discussions, amendments, and negotiations, ensuring the Act aligned with their vision while addressing concerns related to public order and dignity. UDF also played a role in garnering public support for the legislation. This involved communicating the need for the Act, addressing potential concerns, and building consensus among the public and relevant stakeholders.

12. A strong stance against unqualified medical practitioners (Quacks/Jholachaaps)



UNITED DOCTORS FRONT ASSOCIATION and 9 others

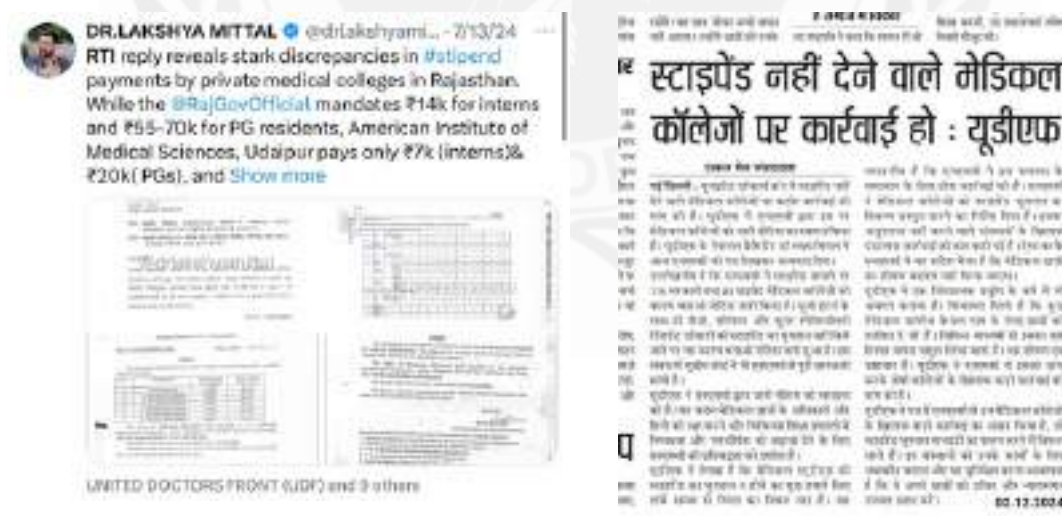
Fake practitioners in various medical fields are endangering patient safety, with 1,436 fake doctors' clinics sealed since 2007. Recently, The Gujarat Police apprehended 14 fake doctors who bought medical degrees from the gang for just Rs. 70000. Additionally, there is a database of 1200 fake degrees. A Portal to complain about bogus doctors is the need of the hour. There is a lack of awareness among police on how to deal with such cases. The portal could serve as a first step in taking action against bogus practitioners. Enforcement of the KPME Act is difficult due to local support and lack of evidence, and the UDF has supported stronger regulations. A new portal allows the public to report fake doctors, and the UDF has backed efforts to raise awareness and push for clearer legal guidelines, while the GPA seeks clearer prosecution steps in the High Court.

13. UDF's Strategic Use of RTI to Address Healthcare Disparities



The United Doctors Front (UDF) is actively addressing healthcare issues through RTI filings and advocacy. In Karnataka, UDF demanded transparency in staffing and treatment of DNB and Diploma resident doctors at Chitradurga District Hospital, calling for action against alleged lapses. In Delhi, UDF exposed unethical aesthetic practices, highlighting that dentists aren't qualified for procedures like Botox. In Rajasthan, an RTI revealed stipend discrepancies in private medical colleges, with UDF urging fair compensation for medical interns and residents. These efforts reflect UDF's commitment to transparency, ethical practices, and justice in healthcare.

14. UDF Commends NMC's Action on Stipend Discrepancies



The NMC issued show-cause notices to several medical colleges for failing to submit stipend payment details for interns, postgraduate, and senior residents, following UDF's concerns about irregularities, especially in private institutions. Acting on a Supreme Court directive, the NMC emphasized potential penalties for non-compliance. UDF commended this step and urged surprise inspections to address exploitation and non-payment issues. An RTI revealed significant stipend discrepancies, highlighting the need for standardized and fair compensation to safeguard interns' and residents' rights and ensure smooth healthcare operations.

15. Involving parents of medical students

रैमिंग विरोधी कमेटी में दस अनिमाद्यक शामिल हो : यूडीएफ



रैमिंग रोकने में विफल संस्थानों पर कार्रवाई हो : यूडीएफ



उत्कल सप्तक : 11.12.2024

Medical education in India faces significant challenges, including rising malpractices in NEET exams, persistent ragging, and alarming mental health concerns, with over 150 student suicides in six years. Delayed stipends, exorbitant fees, inadequate facilities in private colleges, and violence against junior doctors further exacerbate these issues. With medical studies spanning nearly 10 years, these hardships deeply affect both students and their parents. To address these concerns, the United Doctors Front (UDF) launched the "Parents of Doctors" initiative, creating a platform for parents to collaborate on solutions and advocate for the well-being of medical students.

16. Preparation of 'National Register of Harm' to keep record of incidents against medicos

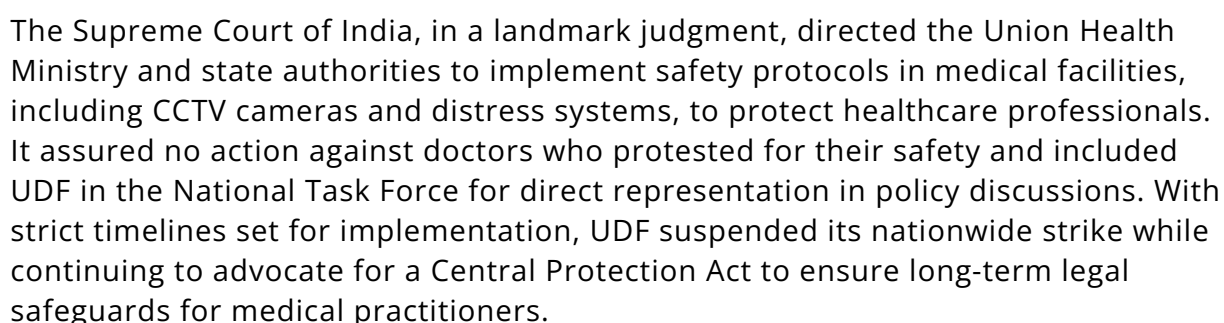
Imagine a comprehensive record of every incident of violence against healthcare workers in India. This is the vision behind the "National Register of Harm," a crucial initiative that UDFA are actively championing. By meticulously documenting each attack, this register would equip UDF with powerful data to fuel their advocacy efforts. This data would not only vividly illustrate the scale of the problem but also help pinpoint patterns and trends, allowing for more targeted interventions and a stronger push for policy change that prioritize the safety and well-being of the healthcare society.

17. Expanding the Scope of UDF: A Multi-Stakeholder Approach

UDF is expanding its efforts by involving journalists, RTI activists, and non-medicos to amplify policy advocacy and raise awareness about healthcare challenges. These include inadequate infrastructure, workforce shortages, inequitable access, corruption, and poor regulation in medical education. This collaboration aims to strengthen transparency, accountability, and evidence-based reporting while fostering a united approach to address key healthcare issues.

The Rajasthan High Court, Jaipur Bench, led by Justice Anoop Kumar Dhand, took "suo motu cognizance" of the worsening healthcare system in Rajasthan, stressing that the "Right to Health" is an essential part of the "Right to Life" under Article 21 of the Constitution. The court cited alarming reports from 'Rajasthan Patrika' about untrained staff handling dialysis under unhygienic conditions and the lack of basic facilities like emergency beds and trolleys. Notices were issued to the Union of India and the State of Rajasthan, seeking explanations and action plans to address these issues.

19. Supreme Court Acknowledges UDF's Concerns

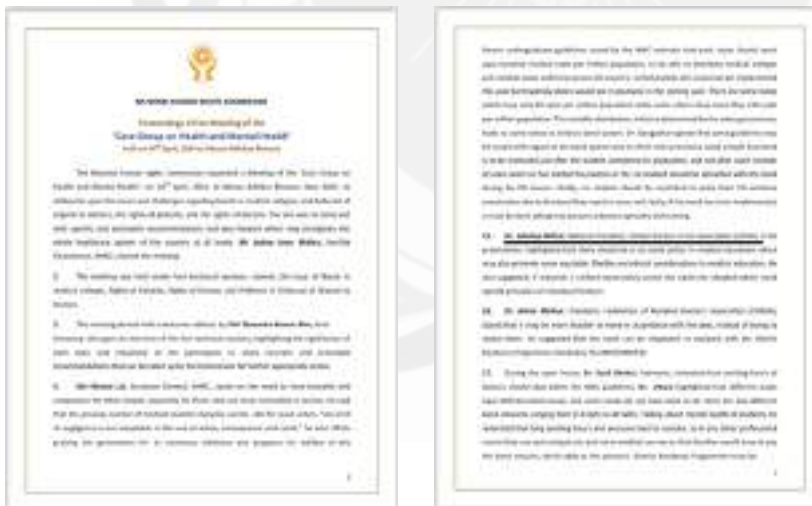


20. Representation in National Medical Commission (NMC)



The UDF actively participates in discussions and policy-making processes within the National Medical Commission (NMC) to ensure that the voices of medical professionals are heard. They advocate for fair regulations on working hours, postgraduate training, and professional standards in medical education and practice. UDF pushes for transparency in the implementation of NMC guidelines and ensures that doctors' grievances, including salary delays and workplace harassment, are addressed. They have also been vocal about revisions in the NEXT and its impact on medical students.

21. Representation in National Human Rights Commission (NHRC)



UDF approaches the NHRC for violations of healthcare workers' human rights, including instances of workplace violence, denial of leave, and inadequate mental health support. They have filed complaints and petitions to NHRC regarding violence against doctors and harassment faced by medical professionals at the hands of authorities or patients' families. UDF also advocates for timely legal action against perpetrators of violence against healthcare workers and the proper implementation of laws like the Healthcare Workers Protection Act.

22. Engagement with State and Central Authorities on Various Issues



UDF has consistently written letters and petitions to both state and central governments regarding pressing healthcare concerns. Key areas include:

- **Occupational Safety:** Ensuring proper security measures in hospitals to prevent violence against doctors.
- **Mental Health Awareness:** Proposing mental health support systems for doctors and medical students.
- **Salary and Stipend Delays:** Highlighting irregular payment of salaries and stipends for resident doctors.

They have also raised concerns about postgraduate seat allocation processes and called for reforms in medical education policies.

23. Suicide Cases



The tragic suicide of doctors sheds light on the immense mental health pressures faced by young medical professionals. UDF issued statements emphasizing the urgent need for institutional mental health support systems in hospitals and medical colleges. UDF called for mandatory counseling services, regular mental health check-ups, and grievance redressal mechanisms for students and resident doctors.

UDF also demanded a thorough investigation into the systemic factors contributing to such tragedies, including academic pressure, workplace harassment, and lack of emotional support.

24. Murder and Rape at RG Kar Medical College; Black Ribbon Protests



The heinous crime at RG Kar Medical College, where a trainee doctor was raped and murdered, triggered widespread outrage in the medical community. UDF played a pivotal role in organizing nationwide protests and strikes, with doctors wearing black ribbons to express solidarity and demand justice. Their demands included:

- Swift legal action against the perpetrators.
- Enhanced safety measures for medical staff, including surveillance and better security infrastructure in hospitals.
- Zero tolerance towards harassment and violence against healthcare workers.

These protests highlighted the larger issue of safety in healthcare institutions and sparked national conversations about workplace security.

25. No Tobacco Campaign



UDF has been at the forefront of anti-tobacco campaigns, emphasizing the severe health risks associated with tobacco use. They advocate for:

- Stricter laws on tobacco sale near educational institutions.
- Inclusion of anti-tobacco education in school curriculums.
- Public awareness campaigns focusing on smoking cessation and early detection of tobacco-related diseases.

UDF collaborates to run awareness drives in hospitals and schools.

26. Voicing a demand for timely and democratic elections for the State Medical Councils

Timely and democratically elected State Medical Councils are crucial for ensuring accountability, transparency, and representation in the medical profession. Elected bodies are more responsive to the needs of medical professionals, promote diverse perspectives, and reduce external interference, safeguarding the council's independence.

They play a key role in upholding ethical standards, improving healthcare policies, and regulating medical education to maintain high training standards and ensure patient safety.

The United Doctors Front (UDF) actively advocates for these principles through public advocacy, campaigns, and collaboration with civil society organizations. They issue press statements, run awareness campaigns, and emphasize democratic reforms as a policy priority to ensure fair and timely elections in State Medical Councils, fostering a transparent and accountable healthcare governance system.

27. Encouraging the hiring of medical and nursing staff according to the sanctioned positions

The healthcare recruitment process is essential for ensuring adequate staffing and delivering quality patient care. It involves identifying vacancies based on workload and patient demand, defining roles and required qualifications, planning recruitment strategies, advertising positions, and managing applications. Screening, shortlisting, and conducting interviews or selection tests help assess candidates' suitability, followed by background checks and credential verification. Effective onboarding and orientation programs ensure smooth integration of new hires into the healthcare system.

Key principles such as diversity, inclusion, transparency, fairness, and compliance with employment regulations guide the process.

The United Doctors Front (UDF) plays a vital role in advocating for fair recruitment practices, pushing for merit-based selection processes, and ensuring that policies prioritize transparency and equal opportunities. They also emphasize the need for sufficient staffing levels in critical specialties and highlight systemic gaps that hinder efficient recruitment.

Through continuous engagement with health authorities and policy-makers, UDF contributes to building a robust and inclusive healthcare workforce.

FUTURE PROSPECTS

1. Fostering a Resilient Healthcare Ecosystem:

- UDF envisions a healthcare system that prioritizes safety, dignity, and innovation.
- We are committed to addressing systemic challenges to ensure healthcare professionals can thrive in an environment free from violence, discrimination, and injustice.

2. Promoting Equity in Medical Education:

- Our vision includes making medical education accessible, affordable, and equitable across the nation.
- UDF advocates for the elimination of restrictive service bonds and other barriers that hinder aspiring medical professionals from achieving their goals.

3. Empowering the Medical Community:

- UDF seeks to uplift medical students, residents, and healthcare workers by addressing critical issues such as mental health, long working hours, and unjust labor conditions.
- We aim to build a robust support system that ensures their rights, well-being, and professional growth.

4. Advancing Public Health and Advocacy:

- We are dedicated to creating impactful campaigns and initiatives that promote health awareness, nutrition, and community outreach.
- Our goal is to improve healthcare access and outcomes for all segments of society.

5. Championing Systemic Reforms:

- UDF strives to be a catalyst for change by engaging with policymakers, stakeholders, and the public to push for meaningful reforms in healthcare and education.
- Through protests, activism, and legal advocacy, we aim to hold institutions accountable and drive transparency in decision-making processes.

6. Driving Innovation and Collaboration:

- Our vision includes fostering partnerships with like-minded organizations, government bodies, and academic institutions to co-create solutions for pressing healthcare challenges.
- Leveraging technology and expertise, we aspire to create scalable models of success that benefit the medical fraternity and society at large.

7. Commitment to Excellence and Justice:

- At UDF, we believe in relentless pursuit of excellence and unwavering dedication to justice.
- We are committed to improving the overall healthcare ecosystem by empowering professionals and ensuring the protection of patients' rights.

CONCLUSION

The United Doctors Front (UDF) stands as a testament to the collective strength, dedication, and unwavering commitment of the medical fraternity. Through relentless advocacy, transformative initiatives, and a vision grounded in equity, innovation, and justice, UDF has established itself as a beacon of hope and progress in the healthcare landscape.

This handbook reflects not only the milestones achieved but also the aspirations that drive us forward. From addressing systemic challenges to empowering healthcare professionals, promoting education, and advancing public health initiatives, every effort embodies the spirit of unity and resilience. It serves as a reminder of the power of collaboration, where diverse voices and expertise come together to create meaningful change.

The challenges faced by the healthcare sector are multifaceted, ranging from resource shortages to systemic inequalities, but UDF remains steadfast in its mission to overcome these obstacles through informed action, strategic advocacy, and unwavering solidarity.

At the heart of UDF's mission lies an unyielding commitment to healthcare professionals' well-being, professional growth, and the protection of patient rights. By fostering a culture of support, education, and empowerment, UDF ensures that every member of the medical community feels equipped to face challenges and inspired to lead change. Initiatives focused on mental health, education equity, and workplace safety are just some of the pillars that guide our efforts.

The UDF is not merely an organization; it is a movement fueled by the passion and resilience of every individual involved. Whether it's through policy advocacy, grassroots campaigns, or academic programs, every action taken is a step toward building a healthcare ecosystem that serves not only the professionals but also the communities they care for.

As we move ahead, let us remain steadfast in our mission to create a healthcare system that is just, inclusive, and forward-looking. Together, we will continue to champion reforms, foster collaborations, and inspire change, ensuring that every member of the medical community feels heard, valued, and empowered.

The journey ahead is challenging, but with shared purpose and determination, we will continue to shape a healthier, more equitable future for all. Let this handbook serve as a guide, a reminder of our purpose, and a call to action for every member of UDF.

Together, we empower healthcare, together we build a better tomorrow. Let us stand united in our resolve, driven by the belief that through collective effort, we can and will create a lasting legacy of positive change in the healthcare sector.

ORGANIZATIONAL STRUCTURE

A duly Registered organization of thousands of doctors and medical students across the nation, UDF is designed to ensure collaborative decision-making, efficient communication, and effective execution of initiatives.

UDF NATIONAL COUNCIL:

DR.AMARINDER S MALHI
[CHIEF PATRON]

DR.LAKSHYA MITTAL
[NATIONAL PRESIDENT]

DR.ARUN KUMAR
[NATIONAL GENERAL SECRETARY]

DR.DEEPANKAR CHAUDHARY
[NATIONAL CHAIRMAN]

DR.AJIT S SHEKHAWAT
[NATIONAL VICE PRESIDENT]

DR.ALOK SINGH
[NATIONAL JOINT SECRETARY]

DR.MIR WASEEM
[NATIONAL JOINT SECRETARY]

DR.YAGIKA PAREEK
[NATIONAL SPOKESPERSON]

DR.VISHNU RAJGADIA
[NATIONAL LEGAL ADVISOR]

DR.BHARAT RATHORE
[NATIONAL INTERN SECRETARY]

UDF Executives (Academics/IT/Social) :

Dr. Gopal Singh

Dr. Bhanu Kumar

Dr. Rakesh Beniwal

Dr. Rishabh Garg

Deiksha Vatsa

Naisha Behal

Aalia Khan

Daniyaa Yaqoob

UDF CORE GROUP MEMBERS :

Dr. Amit Vyas
[HARYANA]

Dr. Jugal Doley
[ASSAM]

Dr. Kuldeep Gupta
[MADHYA PRADESH]

Dr. Sirish
[KARNATAKA]

Dr. Mayank
[UTTAR PRADESH]

Dr. Bharat Pareek
[RAJASTHAN]

Dr. Anshuman Patra
[JHARKHAND]

Dr. Akash
[MADHYA PRADESH]

Dr. Shubham Soni
[MAHARASHTRA]

Dr. Nayan
[MADHYA PRADESH]

Dr. Akhter Amin Raina
[JAMMU&KASHMIR]

Dr. Vikash Milki
[RAJASTHAN]

Dr. Keshav
[MADHYA PRADESH]

Dr. Rajat Khurana
[MAHARASHTRA]

Dr. Sahil
[UTTAR PRADESH]

Dr. Mahendra

[ORRISA]

Dr. Hrishabh Soni

[GUJARAT]

Dr. Rhythm

[PUNJAB]

Dr. Rahul

[TELANGANA]

Dr. Akshay Sharma

[DELHI]

Dr Tejveer Gurjar

[RAJASTHAN]

Dr. Samyak Bansal

Dr. Hanuman Bishnoi

Dr. Ujjwal Raj

[BIHAR]

Dr. Ashish

[CHATTISGARH]

Dr. Reddy

[TAMIL NADU]

Dr. Shubh Pratap Solanki

[NCR]

Dr. Vansh Chopra

[DELHI]

Dr Reshma Daukia

[RAJASTHAN]

Dr. Mohammad Akil

Dr. Anish Yadav

Dr. Praveen Allure

[KARNATAKA]

Dr. Sunil

[CHATTISGARH]

Dr. Subhrajyoti

[WEST BENGAL]

Dr. Manoj Choudhary

[DELHI]

Dr. Lalit

[NCR]

Dr Kanchan

[CHANDIGARH]

Dr Praveen Shekhawat

[RAJASTHAN]

Our key members and official social media handles ensure that the United Doctors Front remains accessible to all stakeholders. Please refer to the following for communication and updates:

Dr. Lakshya Mittal

National President (UDF)

Email: drlakshyamittal@gmail.com

Phone: +91 9549395092

Dr. Arun Kumar

National General Secretary (UDF)

Email: arun009garg@gmail.com

Phone: +91 96716 75396

Dr. Yagika Pareek

National Spokesperson (UDF)

Email: dr.yagika@gmail.com

Phone: +91 83029 25462

Dr. Bharat Rathore

National Intern Secretary (UDF)

Email: rathoreb159@gmail.com

Phone: +91 77278 50806

Dr. Vishnu Rajgadga

Legal Advisor (UDF)

Email: vranchi@gmail.com

Phone: +91 94311 20500

To get regular updates from us, you can follow our social media handles:

udfbharat@gmail.com

<http://www.udfbharat.com>

<https://whatsapp.com/channel/0029Vap8ur57tkj8PipO3R1m>

<https://t.me/UDFBHARAT>

https://www.instagram.com/UDF_BHARAT

https://x.com/UDF_BHARAT



Thank You

PREPARED BY
ACADEMIC & IT CELL
UDF